

# Addiction Treatment Programs

Call Evoke Wellness today at 866.430.9267



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Deciding to break free from addiction is an act of courage. The stigma society places on addiction can make it seem like overcoming it just takes willpower, but for many people, it's not that simple. A substance use disorder is a complex, chronic condition, and with factors like co-occurring mental health conditions, genetics, and environment, it's not something that can be overcome with sheer determination alone. However, Evoke Wellness Ohio's addiction treatment programs can make a difference.

Detox and residential treatment in our center support patients as they build healthy coping skills, develop a strong support system, and address the underlying issues contributing to their addiction. Our holistic approach addresses not only physical symptoms but also mental, emotional, and spiritual ones.

""Even before I arrived at the facility, I knew that the staff really cared about my recovery. They kept in touch with me during my travel, right up until they picked me up at the airport. Everyone at the facility was professional and took their time to make me feel welcome and comfortable. I could not recommend a better place to begin your journey to recovery.""

-Adam A.

# **Our Addiction Treatment Programs**

We take a personalized approach to addiction treatment. Everyone's experiences with addiction and recovery are unique, so we design an individualized treatment plan to meet each patient's specific needs. Our evidence-based therapies have been proven to help patients overcome addiction and maintain long-term recovery.

# **Drug and Alcohol Detox**

The first step in addiction treatment is detoxification. This process involves the body naturally ridding itself of drugs or alcohol, but it often comes with withdrawal symptoms that can be uncomfortable and, in some cases, dangerous. These symptoms can include:

- Anxiety and restlessness
- Nausea and vomiting
- Tremors and seizures
- Sweating and fever
- Insomnia and hallucinations

These withdrawal symptoms become a stumbling block to recovery as they can be so severe that some people may return to substance use in an attempt to find relief. However, our drug and alcohol detox program offers medically supervised detoxification that ensures the safety and comfort of patients during this challenging phase. Our medical team constantly monitors patients, managing withdrawal symptoms to minimize discomfort and prevent complications. This supportive, structured environment sets the groundwork for the rest of our comprehensive addiction treatment program in Ohio.

#### **Acute Detox**

For those who are struggling with severe substance use disorders, our acute detoxification services provide more intensive care. Our medical team is equipped to handle patients with complex needs, such as those with co-occurring mental health conditions or chronic pain issues. We also offer specialized detox programs for specific substances, such as opioids and benzodiazepines. Our goal is to provide a safe and comfortable environment for patients to begin their recovery journey.

#### **Residential Treatment**

Our residential treatment program at Evoke Wellness Ohio offers an invaluable opportunity for individuals on the recovery path to temporarily step away from everyday life, its pressures, and triggers. This program provides a safe, structured environment that helps patients focus on recovery away from the distractions and influences that may have contributed to the addictive behavior in the first place.

Living on-site, patients can fully immerse themselves in the recovery process. They can gain new perspectives, develop healthier coping skills, and build strong, supportive relationships with peers who are also pursuing a path of recovery. This removal from their typical environment allows for a profound shift in focus. You or your loved one can go from merely surviving each day to actively working on the foundational aspects of long-lasting recovery.





# Intensive Inpatient Treatment

Our intensive inpatient treatment program is designed to provide a higher level of care for individuals who need more structured, round-the-clock medical and therapeutic support. Unlike our residential treatment program, which is ideal for patients who have completed detoxification and require a supportive, distraction-free environment to focus on recovery, our intensive inpatient program caters to those with acute addiction issues or co-occurring disorders that require constant medical oversight and more rigorous therapeutic interventions.

In this program, patients receive 24-hour medical care and supervision from our team of dedicated healthcare professionals. They participate in multiple daily therapy sessions, including:

- Individual therapy
- Group therapy
- Family therapy

This intensive therapy schedule accelerates the healing process and equips patients with the necessary tools to manage cravings, deal with triggers, and prevent relapse.



# Men's and Women's Rehab Programs

Effective addiction treatment can't be one-size-fits-all. We recognize that men and women have different needs and experiences, especially when it comes to addiction recovery. That's why we offer specialized treatment tracks for men and women. These gender-specific programs support patients in a safe, non-judgmental space where they can address the unique challenges and issues that may have contributed to their addiction. This targeted approach allows for deeper healing and a stronger foundation for lasting recovery.

#### Medication-Assisted Treatment

Medication-assisted treatment (MAT) is a highly effective part of our addiction treatment programs, using FDA-approved medications in combination with counseling and behavioral therapies. This approach helps manage withdrawal, reduce cravings, and restore balance to the brain chemicals altered by addiction, thereby improving the chances of long-term recovery.

#### Suboxone

Suboxone, a combination of buprenorphine and naloxone, is specifically designed to treat opioid addiction by reducing cravings and withdrawal symptoms while also blocking the effects of opioids in case of relapse.

#### **Vivitrol**

Vivitrol is an extended-release injection that helps prevent relapse by blocking the effects of opioids and alcohol. It's commonly used in our addiction treatment programs to support long-term recovery.

## Methadone

Methadone is a long-acting opioid that can help reduce cravings and withdrawal symptoms for those struggling with opioid addiction. We offer methadone as part of our MAT program, closely monitoring its use to ensure safety and effectiveness.

### **Veterans Program**

We recognize the unique experiences and challenges that veterans face, which can contribute to substance use disorders. That's why we offer specialized addiction treatment programs for veterans, providing them with the support and resources they need to overcome addiction and reclaim their lives. These programs incorporate evidence-based therapies tailored to address the specific needs of veterans dealing with addiction.

#### LGBTQ+ Addiction Treatment

At Evoke Wellness Ohio, we are committed to providing inclusive and welcoming addiction treatment programs for all individuals, regardless of their sexual orientation or gender identity. Our LGBTQ+ addiction treatment program offers a safe and affirming space where patients can receive personalized care that addresses the intersectionality of their identities and how it may have impacted their experiences with addiction.



# Aftercare Program

At Evoke Wellness Ohio, we understand that recovery is a lifelong journey. That's why we offer an aftercare program to provide support and resources for patients as they transition back into their daily lives. This program includes ongoing therapy, relapse prevention techniques, and strategies to maintain sobriety in the face of challenges. We also encourage patients to continue attending support groups like Alcoholics Anonymous or Narcotics Anonymous to stay connected and accountable within the recovery community.



Your journey to recovery starts here. Don't let addiction hold you back any longer. Our addiction treatment programs in Ohio can help you break free and live a fulfilling life in recovery. Call 866.430.9267 or contact Evoke Wellness Ohio online today to get started.