



Mental Health Treatment Program

Call Evoke Wellness today at **866.430.9267**



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Your mental health matters. But if you're struggling with addiction, focusing on your mental health can be difficult. Whether you're dealing with depression, anxiety, PTSD, or any other mental health concern, getting proper treatment and support is crucial for your overall well-being. At Evoke Wellness Ohio, you'll find mental health treatment programs that can help you not only manage your mental health but also build the healthy coping skills you need to break free from addiction.

We approach mental health treatment with a holistic perspective, recognizing that addiction and mental health concerns are often intertwined. From individual counseling sessions to group therapy, our programs are designed to address both your addiction and mental health needs in a comprehensive manner.

Call **866.430.9267** today to discover how Evoke Wellness Ohio can support you or a loved one on the journey to recovery. Our team can answer questions, verify your insurance, and help you access the care you need.

Our Mental Health Treatment Programs

Addiction and mental health are often linked, like two sides of the same coin. When you're dealing with a mental health condition such as anxiety or depression, you might turn to substances as a way to cope. This can, unfortunately, lead to addiction. On the flip side, addiction can also trigger or worsen mental health problems. It's a cycle that can be hard to break free from, but that's where our mental health treatment programs come in.

At Evoke Wellness Ohio, we understand the complex relationship between addiction and mental health. Our programs are specially designed to tackle both issues together, providing you with the comprehensive support you need to break this cycle and start your journey toward healing.

Bipolar Disorder Treatment

Bipolar disorder is a mental health condition characterized by extreme mood swings, from manic highs to depressive lows. It can be difficult to manage and can greatly impact an individual's life and relationships. Our bipolar disorder treatment program offers personalized care for those struggling with this diagnosis. Through a combination of therapy, medication management, and support groups, we can help you stabilize your moods and learn how to effectively cope with this condition.

PTSD Treatment

Flashbacks, nightmares, and severe anxiety are just some of the symptoms of post-traumatic stress disorder (PTSD). And for those struggling with addiction and PTSD, it can feel like a never-ending battle. Our PTSD treatment program utilizes evidence-based therapies to help individuals process trauma and develop healthy coping mechanisms. With our support, you can heal from past traumas and overcome addiction.

Personality Disorder Treatment

Personality disorders can significantly affect an individual's behavior, thought patterns, and ability to relate to others, often leading to life disruptions or distress. Different personality disorders that we treat include:

- Borderline personality disorder
- Narcissistic personality disorder
- Antisocial personality disorder
- Obsessive-compulsive personality disorder
- Avoidant personality disorder
- Dependent personality disorder

While each disorder is unique, our treatment approach remains consistent—personalized care tailored to the patient's specific needs. We offer a safe and supportive environment where patients can work through their struggles and develop healthy ways of coping.

Mental Health and Addiction

Addiction and mental health concerns can be closely connected—the numbers reveal just how necessary effective treatment is.



Mental health treatment can make a difference. Call Evoke Wellness Ohio today to find treatment that can help you begin the path to recovery.

Source: SAMHSA Announces National Survey on Drug Use and Health Results Detailing Mental Illness and Substance Use Levels for 2021

Anxiety Treatment

Everyone experiences anxiety at some point in their life, but for those with an anxiety disorder, this feeling can be overwhelming and debilitating. Our anxiety treatment program offers a variety of therapeutic approaches to help patients manage and reduce symptoms of anxiety. From cognitive-behavioral therapy to mindfulness techniques, we provide the tools and support needed to build healthy coping skills.

Anger Management Treatment

Anger is a natural emotion, but when it becomes uncontrollable, it can greatly impact your life and relationships. Our anger management treatment program focuses on identifying triggers and developing healthy ways to cope with and express anger. Through therapy and skill-building exercises, we help patients manage their emotions in a healthier way.

Trauma Treatment

Experiencing trauma can have a profound impact on an individual's mental health and well-being, leading to conditions such as PTSD, depression, and anxiety. Often, traumatic experiences can also be at the heart of an addiction problem. Our trauma treatment program at Evoke Wellness Ohio acknowledges the deep-seated nature of these issues and provides comprehensive care to help patients process their experiences and heal.

Union Care

A thriving workforce is one where mental health and addiction are given the support and attention they deserve. That's why we offer a union care program, a specialized program for union members that addresses both mental health and addiction concerns. We understand the unique challenges faced by union workers and provide personalized care to help them overcome these struggles.

"Great place to go for treatment with an amazing group of staff. Staff will listen to you, care about you, and accommodate anything for your needs. Evoke has great food and has a comfortable stay."

- Allie W.



Benefits of Mental Health Treatment at Evoke Wellness Ohio

You'll Be Surrounded by Compassionate Staff Who Understand What You're Going Through

At Evoke Wellness Ohio, our staff consists of highly trained and empathetic professionals who have vast experience in the field of mental health and addiction. They understand the struggle and are dedicated to guiding you through the entire process. Our team includes certified mental health counselors, addiction specialists, and medical professionals who work together to provide a comprehensive and individualized treatment plan. Having a supportive team in your corner can make a difference in your recovery journey, empowering you to overcome obstacles and work towards your wellness goals.

You'll Have Access to Effective Treatments That Have Proven Results

We offer evidence-based treatments that have been proven effective in treating mental health conditions. These include:

- Cognitive-behavioral therapy
- Dialectical behavior therapy
- Acceptance and commitment therapy
- Group therapy
- Motivational interviewing
- Family therapy

Our therapies and treatment methods are tailored to each patient's unique needs, ensuring that they receive the most effective care for their specific condition.



You'll Connect with Other People Who Are Going through Similar Experiences

The sense of isolation can compound the struggles of dealing with mental health concerns and addiction. At Evoke Wellness Ohio, you'll find a supportive community where you can interact with others who are going through similar experiences. Our group therapy sessions and peer support groups provide a safe and non-judgmental space for patients to share their stories, learn from each other, and build connections. This sense of camaraderie and mutual understanding can be an invaluable part of the healing process.

Every step of the way, our goal is to provide you with the support and tools you need to overcome mental health challenges and achieve lasting recovery.

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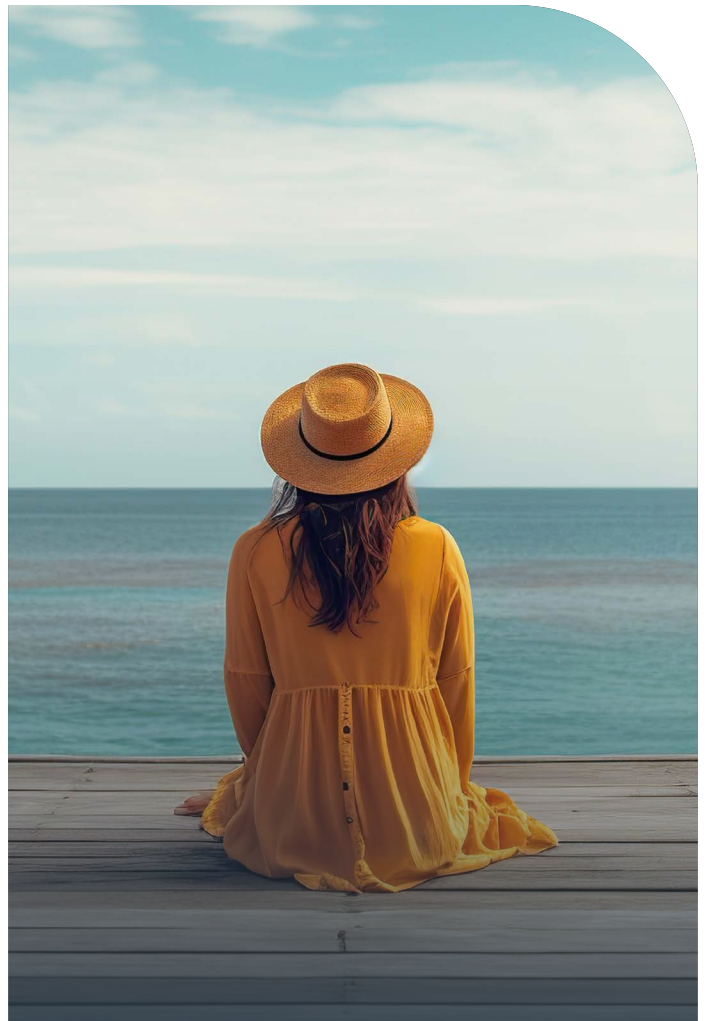
Don't let addiction or mental health concerns hold you back from living a fulfilling life. At Evoke Wellness Ohio, we believe that everyone deserves to have access to quality mental health and addiction treatment.

Through detox, residential treatment, and aftercare, we provide a continuum of care that addresses all aspects of your well-being. Take the first step on your journey to recovery and call us today at **866.430.9267** or reach out to Evoke Wellness Ohio online to learn more about our mental health treatment programs in Hilliard, OH.



"All my needs were met. I was treated respectfully by all staff members. They went above and beyond for me. I really do appreciate all that evoke wellness did to address and help my recovery as well as mental health. I was given the opportunity to re-create my life and I have evoke to thank for that."

- Nick J.



Contact Evoke Wellness Today, Tonight, or Whenever You're in Need

Receive 24/7 text support any time you need it. There's no obligation to enter treatment, and you can opt out at any time.